



Candidate for the Office of APhA-ASP National Member-at-large

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GOAL STATEMENT

My goal as APhA-ASP National Member-at-large is to continue building a welcoming home for student pharmacists across the country, one that encourages community, growth, and leadership.

My aspirations for the position can be achieved by being an encourager, supporter, and a voice for my fellow student pharmacists. Members at local chapters work diligently to plan and execute patient care events to serve their communities. My goal is to facilitate open communication, promote creativity, and inspire ideas by working towards creating a platform such as monthly conference calls to recognize their outstanding work, ultimately enabling APhA-ASP members and chapters to prosper, and continue providing outstanding patient care. I will be the supporter by being an easily accessible resource for chapter operations and engaging student pharmacists through their events. I will also be a friend to help cultivate and promote a sense of belonging, and help my colleagues discover their passion within the Academy of Student Pharmacists.

As APhA-ASP National Member-at-large, I strive to make APhA-ASP the professional home for all student pharmacists to learn, experience, and flourish. I aim to spread my exuberant passion for the Academy and catalyze the growth of student pharmacists.

BACKGROUND & EXPERIENCE

National Leadership Experience:

APhA-ASP National Standing Committee on Communications (2017-Present)

State Level Leadership Experience:

Michigan Pharmacists Association and Michigan Society of Health System Pharmacists Joint Membership Committee Appointed Member (2016-Present)

Local Leadership Experience:

APhA-ASP Policy Vice President (2017-Present)

APhA-ASP Chapter Delegate at the APhA-ASP Midyear Regional Meeting (2017)

APhA-ASP Region 4 Regional Nominating Committee at the APhA-ASP Midyear Regional Meeting (2016)

APhA-ASP Communications Vice President (2016-2017)

APhA-ASP Relay for Life Liaison (2015-2016)

PHILSOPHIES ON APhA & APhA-ASP

APhA is an inclusive and welcoming pharmacy home in which programs and activities embrace pharmacists and student pharmacists with diverse professional interests. It is the only national pharmacy organization that represents all practice settings. As a result, the programs of APhA-ASP develop aspiring pharmacists into the next generation of leaders with diverse career goals.

I first discovered the value of APhA-ASP at the APhA-ASP Midyear Regional Meeting (MRM) in 2015. I decided to attend purely to check off attendance at one professional meeting during pharmacy school on my list. However, that weekend, I formed bonds that I would reconnect with at subsequent meetings. Even as a first-year student pharmacist, I felt there was a place for me within APhA-ASP. My interest in being active in the organization sparked. I had just learned how to measure blood pressure and blood glucose levels and it struck me that I could practice those skills outside of class by getting involved in patient care events. I realized how much APhA-ASP had to offer. From that moment, I knew I had found my home. APhA-ASP is where I want to develop myself and give back to my profession.

APhA-ASP is an extension of the classroom that helps bridge the gap between students and new practitioners, making the transition seamless. Through the five APhA-ASP National Patient Care Projects, student pharmacists can hone their clinical and communication skills while serving local communities. The focus on patient care prepares student pharmacists for future careers, which sets the organization apart from others. For example, I have practiced clinical testing at health fairs, polished counseling skills through the APhA-ASP National Counseling Competition, and served my community through drug takeback day. Students also develop both formal and informal leadership skills by getting involved and taking initiative. The policy and advocacy aspect keeps student pharmacists current with information about our profession, encourages student pharmacists to participate in the movement for provider status, and enables members to take part in the policy-making process. The APhA-ASP MRM and APhA Annual Meeting and Exposition also provide unique opportunities for networking with student pharmacists and practitioners from across the nation, allowing student pharmacists to learn from a diverse group of leaders in pharmacy. Through the inclusive programming, APhA brings individuals together and utilizes its positive effect to engage members. In addition, the multitude of leadership opportunities locally, regionally, and nationally is invaluable to the growth and development of the next generation of pharmacy leaders.

APhA and the programming of APhA-ASP are precious gems of our profession. It is a nurturing organization where student pharmacists strengthen skills and a platform where members develop lifelong relationships. If elected to be a member of the National Executive Committee, I pledge to spread my enthusiasm and help general members discover their passion within APhA-ASP so they too can experience the myriad of benefits our extended classroom provides. I aspire to foster an environment that embraces diversity, equity, and inclusiveness and continue making APhA-ASP the pharmacy home for all.

SPECIALIZED TALENTS & SKILLS

The APhA-ASP programming and opportunities have allowed me to grow from a student pharmacist to a student leader. Through my involvement and leadership positions within APhA-ASP, I have developed and strengthened four major qualities: enthusiasm, teamwork, inclusiveness, and leadership.

Since my first APhA-ASP Midyear Regional Meeting (MRM) in 2015, my passion for APhA-ASP has continuously grown. I am tremendously thankful for all the opportunities APhA-ASP has offered. I am motivated to improve APhA-ASP, and excited to share my APhA stories to spread my enthusiasm with student pharmacists across the country.

Being part of a leadership team has reinforced the idea of teamwork. Through observation and experimentation, I have realized that effective leaders do not work alone. As the APhA-ASP Policy Vice President for my local chapter, I learned that I could not have promoted policy and advocacy without the help of others, such as the Chapter President who helped me cohost a large advocacy fair, the Communications Vice President who assisted with internal communication and public relations, and the Patient Care Vice President who incorporated advocacy into patient care events. I have learned to recognize the value of the unique qualities and strengths of every individual. The amalgam of different skills and qualities is the key to desirable outcomes.

As an APhA-ASP leader, it is paramount to put student members first. We must emphasize the importance of being inclusive and the significance of listening to the voices of fellow student pharmacists. In order for APhA-ASP to be the pharmacy home for all student pharmacists, it is crucial to embrace diversity, equity, and inclusiveness. Recognizing each individuals' similarities and differences as well as strengths and weaknesses allows leaders to develop programs that can benefit everyone. Inclusiveness and open-mindedness facilitate open communication between leaders and members. With harmonious relationships, we can make APhA-ASP a better place.

Aside from being the listening ears, elected leaders have the obligation to serve people. I have the personality type of Consul; I enjoy serving and supporting others to ensure happiness and growth in people around me. One quote by Robert K. Greenleaf resonates with me, "The servant-leader is servant first... It begins with the natural feeling that one wants to serve, to serve first." Through my past roles as the APhA-ASP Communications Vice President and a member of the APhA-ASP National Standing Committee on Communications, I have been moved seeing the development and accomplishments of student pharmacists from the local level to a national level.

As APhA-ASP National Member-at-large, I aim to serve and impact all student pharmacists across the country so they can reach their fullest potentials. I believe these four qualities will enable me to foster an atmosphere that spreads enthusiasm, an environment that values teamwork, an Academy that welcomes all student pharmacists, and an APhA-ASP National Executive Committee that exemplifies servant leadership. As APhA-ASP National Member-at-large, I will make it my duty to continue strengthening these qualities and make serving my fellow student pharmacists my highest priority.