



Candidate for the Office of APhA-ASP Speaker of the House

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GOAL STATEMENT

My philosophy of APhA-ASP is that it grants students a sense of pride in their future profession. It's so difficult to attempt to comprehend the national community that is pharmacy from within a lecture hall. With APhA-ASP students can work with others to improve patient care, by joining together to become the collective voice of student pharmacists.

The greatest problem facing the world of pharmacy today is that many pharmacists do not advocate for themselves. As student pharmacists we have an opportunity to not only advocate for ourselves, but to inspire our colleagues to advocate for themselves throughout the rest of our careers. As Speaker of the House I will dedicate my experience and enthusiasm to not only serve as a resource for student pharmacists, but to encourage and assist others to become a resource for their chapter and their community. I will do this through seeking every opportunity to form a relationship with our student pharmacists, employing ideas for improvement and innovation, and continuing to learn what I can do to provide resources and support to their advocacy efforts.

BACKGROUND & EXPERIENCE

Ohio Pharmacists Association Board of Trustees – Student Trustee
APhA-ASP Toledo Chapter - President-elect
APhA-ASP Toledo Chapter - President
APhA -ASP Region 4 – Regional Delegate

PHILSOPHIES ON APhA & APhA-ASP

Being involved in APhA-ASP since my last pre-professional year has allowed me to see many facets of what it has to offer. It took quite a bit of involvement to learn just how much APhA-ASP offers a student pharmacist. I was able to learn this primarily through several mentors that were heavily involved in APhA-ASP. In my mind, each one embodied one aspect of the APhA-ASP Mission Statement.

To provide opportunities for professional growth – The year I served as president-elect allowed me to grow a great deal prior to taking on the responsibility of chapter president. Throughout this year the chapter president served as an amazing mentor to me. We took a true colors personality test, and we were complete opposites of each other. Instead of seeing this as a barrier to overcome though, my president treated it as an opportunity to strengthen our teamwork. Throughout the year she taught me valuable lessons about how to lead our chapter. Some catered extremely well to my personality, and some didn't. But when they didn't my president made sure to take a little extra effort to show my why the lesson was important. Seeing how APhA-ASP surrounded me with great mentors such as my president, allows me to truly believe that we all have something to offer and an impact to be made.

To improve patient care - My closest mentor was our chapter's Patient Care Vice President. Through accompanying her to many of her events, I had to opportunity to learn how student pharmacists could create a large and meaningful impact on our communities through APhA-ASP's different Patient Care Projects. One specific memory that comes back to me was when I was participating in an Operation Diabetes weekly event to check blood sugar. A newly diagnosed diabetic came up and talked with us while we took her blood sugar. She was extremely nervous of the side effects her metformin was giving her. An older pharmacy student suggested a few things to help her manage the side effect, and answered all her questions about alternative medications available. Seeing the difference this made in her day allowed me to believe in the power to improve a patient's care as well as the fact pharmacists can fill a greater role in patient care.

To envision and advance the future of pharmacy – This tenant doesn't make me think of a single mentor I've had. Rather this tenant makes me think of all of my fellow student pharmacists that I've gotten to know throughout my involvement. Seeing all the amazing ideas and initiatives that our student pharmacists have through social media and APhA-ASP's awards, has convinced me that I share the same profession with amazing and innovative individuals. The students of APhA-ASP inspire me daily to push myself to come up with my own ideas and initiatives. Whether this consists of mentoring first-year student pharmacists or advocating for our profession on Capitol Hill, I will work with all student pharmacists to build our future of pharmacy.

SPECIALIZED TALENTS & SKILLS

Entering my first day of pharmacy school, I knew I was embarking on a journey consisting of adventures that would transform my life. Little did I know just how many adventures I would have, and that each of these adventures would allow me to grow exponentially as a leader and a person.

A large role I adopted in pharmacy school was that of our chapter's president-elect. I hosted an executive board retreat at a lake house so that we could grow together and work as close as a team. At this retreat I created an agenda that ranged from simple teambuilding, to leadership and professional development. Through our retreat and other small efforts, our executive board has done some amazing things already this year. This taught me that the most important thing you can do is carry a genuine interest in each of your colleagues and to do your best to give them every resource you can to allow them to advance towards their goals.

Another role I adopted in pharmacy school was a Student Trustee position on our Ohio Pharmacists Association Board of Trustees. This position taught me firsthand the importance of just speaking with your legislators, and educating them on the expertise of pharmacists. With this in mind I've seen many bills passed over the last few years that myself and student pharmacists have spoken with legislators about. I was also able to witness the benefits of APhA-ASP chapters that work close with their state pharmacy associations. This taught me not only the internal dynamics of a state pharmacy association, but the power of a collective voice.

My greatest adventure though has been that of serving as Region 4's Regional Delegate. While serving in this role, I was able to combine all of my lessons I learned. I experienced the collective passion of each regional delegate as we crafted proposed resolutions together till the clock read A.M. I worked with chapter Policy Vice Presidents to strengthen their chapter's ties with their state pharmacy associations. Towards the end of my term, I led a Regional Officer Interest Webinar with our team of Regional Officers in order to inspire the next generation of great student pharmacist leaders.

With all of my adventures leading up to this point, I've learned that there's been common themes driving me towards each lesson I've learned. I love to care about other student pharmacists and support their passions, because a passionate voice rises above all others. I love advocating for our profession so that pharmacists can practice to the full extent of their degree for the sake of our patients. But most of all I love that APhA-ASP has been with me through all of these adventures that led me to these lessons learned. As Speaker of the House, I will use these experiences and my enthusiasm to improve APhA-ASP, it's initiatives, and to mentor student pharmacists to grow into strong advocates and leaders.