



Candidate for the Office of APhA-ASP National President-elect

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GOAL STATEMENT

As our profession is advancing towards patient-centered care, it is becoming more and more crucial for all members of the health care team to work effectively as a unit to best serve patients' needs. Every year, student pharmacists of APhA-ASP continue to make a positive impact on our communities through hosting health fairs and educational sessions, advocating for the profession, and raising awareness through our patient care projects.

My main goal for the office of National President-elect is to elevate our impact by emphasizing the need for interprofessional collaboration within our current patient care initiatives. I would achieve these goals by working with our student counterparts in other respective health care professions to make these collaborations a national effort. Together, we can learn from one another and further develop our patient care projects, all while fostering strong interprofessional relationships to achieve the best health outcomes for our patients.

Looking ahead, I would like to shift some focus onto the importance of taking our leadership training and experiences as student pharmacists from APhA-ASP to our next roles as practitioners. We are an association who not only is fostering the leaders for today, but creating the trailblazers of tomorrow.

BACKGROUND & EXPERIENCE

Leadership Experience within APhA-ASP:

- Chapter President (2018 - Present)
- APhA Carl F. Emswiler Summer Intern (2018)
- Region 6 Midyear Regional Meeting Coordinator (2017 - 2018)
- Chapter Delegate at APhA Annual (2018)
- Chapter President-elect (2017 - 2018)
- Chapter Generation Rx Vice Chair (2016 - 2017)

Professional Conferences attended with APhA-ASP:

- APhA-ASP Midyear Regional Meeting (MRM)
 - Saint Louis, Missouri (2018)
 - Houston, Texas (2017)
 - Little Rock, Arkansas (2016)
- APhA-ASP Summer Leadership Institute (SLI)
 - Washington, D.C. (2017 & 2018)
- APhA Annual Meeting & Exposition
 - Nashville, Tennessee (2018)
 - San Francisco, California (2017)

Additional Leadership Experience:

- Phi Lambda Sigma, Alpha Theta Chapter
 - President (2019 - Present)
- International Service Learning, Habitat for Humanity Guatemala Student Leader (2019)
- St. Louis College of Pharmacy Professional Orientation Leader (2018)
- Lambda Kappa Sigma, Alpha Zeta Chapter
 - Alumni Secretary (2017)
 - Academic Chair (2016)
- St. Louis College of Pharmacy, Student Ambassador (2015 - Present)
- St. Louis College of Pharmacy, Student Pharmacists Association
 - Social and Fundraising Chair (2015 - 2017)

Additional Conferences:

- Lambda Kappa Sigma National Convention
 - Scranton, Pennsylvania (2016)

PHILSOPHIES ON APhA & APhA-ASP

What makes the American Pharmacists Association unique is the diversity in members that it serves. As the association's name also implies, APhA is the home for all of pharmacy. APhA has excelled in multiple facets: providing the means to fulfill the needs of its members through conferences, education, and strong networking opportunities to say the least; continuing to uphold the practice of celebrating and recognizing pharmacists on all aspects, including the highest honor of the profession: the Remington Honor Medal; advocating for the profession, which extends into student involvement; and developing products that help keep members up to date with the fast-paced profession.

For the last 50 years, APhA has excelled in fostering the future leaders of the profession through the installation of our academy - the Academy of Student Pharmacists, of which I have been a proud member. For the last three years, APhA-ASP has afforded me opportunities and experiences unimaginable, all while helping me create unforgettable memories. Locally, APhA-ASP chapters provide student pharmacists the most well-rounded experience - service to our communities and patients; an avenue to practice our clinical skills and knowledge through five nationally recognized patient care initiatives; advocacy for the profession, which includes writing policy proposals; effectively connecting student pharmacists regionally, nationally, and globally through IPSF; and a rich network of mentors. These activities empower student pharmacists to become proactive in shaping the profession we will all practice one day.

Extending beyond the local level, our student voices are just as powerful. The Midyear Regional Meetings is such an example, designed by student pharmacists, for student pharmacists. This meeting tends to be the first one that young student pharmacists attend. Having served as the MRM Coordinator during MRM2018, I witnessed how quickly a three-day event can shape the outlook of an individual on the profession, inspire them to seek different ways to become involved, and have them longing for the next APhA-ASP gathering. Fortunately, there is even more to be offered beyond the regional level. APhA continues to integrate their student members by designing programs specifically focusing on the needs of students within the APhA Annual Meeting. Annual thus becomes an inviting environment where student pharmacists can gain valuable personal and professional skills, connect with key leaders in pharmacy, and establish lifelong relationships. The Summer Leadership Institute (SLI) is a phenomenal meeting where APhA-ASP chapter officers gather to learn how to advance their own local chapters, and student pharmacists as a whole utilize their voices to make a mark on the future of our profession. Imagine bringing together over 200 student leaders and creating the opportunity for them to advocate across the entire nation in one day: legislators and their aids listen because we the students are one united front, changing our future profession one policy at a time.

We are members of an association that truly invests in developing the future leaders of the profession. APhA-ASP empowers us to find our voices, as it has empowered me to find my own.

SPECIALIZED TALENTS & SKILLS

A mentor of mine recently shared a quote that resonates strongly with me, "A leader is one who knows the way, goes the way, and shows the way." This is a leader who must have a vision, understand how to execute the vision, then lead by example.

Upon reflection of what developed my desire to serve my fellow student pharmacists in the Academy, I come to realize some of the qualities that I have developed throughout the years that I have been able to implement in various leadership capacities. One such quality I have been fortunate to take advantage of has been my resourcefulness - my ability to utilize and maximize all the tools that I am given in order to fulfill a task both efficiency and to a high standard. I believe that my innate ability to envision an essential purpose for each piece of the puzzle that I am given is translatable to the vast duties that a president of this capacity is responsible for.

When approaching tasks for which I may not have much experience, I use my inquisitive characteristic to ensure I am equipped with all the information needed to make decisions. I have a strong desire to learn, both independently or with others; all things related to pharmacy or not at all. I assessed my own growth within this organization and recognized that with every additional year, meeting, and position I have sought, my knowledge of the association and how it functions has grown leaps and bounds. However, I still have much to learn and will continue to do so in order to serve the Academy with my fellow student pharmacists' best interests at heart.

It is crucial for a leader to recognize not only their own strengths, but also the strengths of those around them. I believe that I excel at recognizing the talent around me and then inspiring those who are ready to take action, but may not have known how to begin. I enjoy seeing those around me succeed and grow, and by helping others maximize their potentials, I believe that we can achieve greater things together. I am a people person - time and time again, people have expressed to me that how relatable I am and easy to connect with. I enjoy learning both from and about others. With any leadership position, I believe that this quality is one of the most important traits to possess because it makes up the basic foundation of effective communication.

To refer back to the quote I initially shared, connecting well with others will help us move towards a shared vision. Furthermore, being resourceful and inquisitive will help me go along the way, and empowering others to use their talents will show others the way. As APhA-ASP National President-elect, I hope to continue learning and growing alongside you all as we continue to make strides for our future profession.

CELEBRATE THE PAST



ENVISION THE FUTURE