



Candidate for the Office of APhA-ASP National Member-at-large

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GOAL STATEMENT

Our academy is 34,000 members strong. Each member bringing with them a different background and different set of experiences. As members of APhA-ASP we each embody the academy’s Mission “to be the collective voice of student pharmacists, to provide opportunities for professional growth, to improve patient care, and to envision and advance the future of pharmacy.” Throughout our professional careers we will face many opportunities to enhance our own leadership skills and styles. While these are important for our own personal and professional development, we must consider how these lessons can benefit not only ourselves but also the profession. As National Member-at-Large I will work with National Office, the National Executive Committee, and our corporate sponsors to shift the intention of the Leadership Training Series to focus on how we can lead and advance the profession together in addition to how we can advance ourselves as individuals. To advance our profession it is necessary for our academy to embrace the future of our profession. We must shift our thought process from “How can I make this better for me” to “How can I make this better for the profession.”

BACKGROUND & EXPERIENCE

Local:

- University of Iowa College of Pharmacy APhA-ASP Fundraising Committee (2016-2017)
- University of Iowa College of Pharmacy APhA-ASP President-elect (2017-2018)
- University of Iowa College of Pharmacy APhA-ASP President (2018-2019)
- 2018 Iowa Pharmacy Association Bill Burke Leadership Conference Attendee (2018)
- 2019 Chapter level of National Patient Counseling Competition-- Top 10 Qualifier
- KY Graduate Relations Committee Member (2017-Present)
- Free Mental Health Clinic Pharmacy Coordinator (2017Present)

Regional:

- University of Iowa College of Pharmacy APhA-ASP MRM Liaison (Fall 2018)
- Region 5 Mid-Year Regional Meeting Coordinator (2019)

National:

- Student Exchange Program Participant; Dunedin, New Zealand (Summer 2018)
- Hope for Kabingo Dispensary Coordinator; Kabingo, Uganda (Summer 2018)

PHILSOPHIES ON APhA & APhA-ASP

As student pharmacists, we have the opportunity to explore many different organizations. APhA-ASP is all inclusive not only in the areas of pharmacy, but also in its members. Our academy and the entire APhA organization provide us with exposure to all areas of the profession. As student pharmacists this is essential to our development into well rounded pharmacists. Our profession is ever changing and at times can seem even a bit overwhelming. Through our time as student pharmacists and members of APhA-ASP we are able to navigate the depth and breadth of our profession to find our place. The place where each of us will use our talents to improve the lives of others.

When I joined APhA-ASP as a first-year student pharmacist I joined for the community aspect. I wanted to get to know student pharmacists at my institution, surrounding institutions, and have fun while doing it. The support and guidance of my chapter’s immediate past president and advisor were an instrumental part of my APhA-ASP journey. They encouraged me to run for leadership from the start and have served as mentors and more importantly friends throughout my academic and co-curricular career. I have received so much through my involvement in APhA-ASP and want to give back to the academy. APhA-ASP is much more than a professional organization, it is a “pharmily.”

The academy and the student pharmacists it encompasses have taught me the importance of relationships, provided me with countless opportunities to serve, and has ignited a fire in me to continue to help our profession grow. As I enter my final year as a student pharmacist, I find comfort that even though my time as a student pharmacist is short, my journey with APhA does not have to end.

APhA is an organization that can help you find your place and passion and continues to grow with you throughout your career.

SPECIALIZED TALENTS & SKILLS

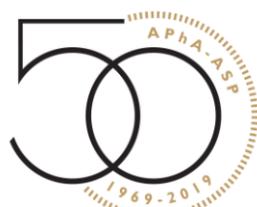
Enthusiastic. Approachable. Driven. These are three words used by my peers to describe not only my leadership style, but also my personality. These are descriptions I take pride in and value. I encompass them in my professional life as well as in my personal life. I find my energy in forming bonds with other individuals, whether it be a bond over our favorite coffee shop or our career aspirations. The relationships we build with one another are necessary for our success as professionals and as an organization. Through these relationships we can find our similarities and differences and can work together to optimize our future. When working on teams I tend to fill the role of the encourager and motivator. It’s easy to feel defeated when challenges arise; I tend to find the silver lining or the ray of hope to keep the team moving. In situations of conflict I can be found fighting for what is right, rather than folding to what seems easier.

When I began my journey in APhA-ASP as my chapter President-elect, I was nervous to take on the challenge. I had fears I wouldn’t be good enough and wouldn’t know how to assist my chapter in achieving our goals. Though I had fears of not meeting the bar of excellence set by my predecessors, I stepped into the role of President-elect with dreams. I have seen many of those come to fruition at the local level and hope to see them continue to grow for years to come.

Through my terms as President-elect and President I have expanded our social media outreach through weekly posts on our Facebook page. Posts include our patient care project events, public health issues, and pharmacy related news. Our page has doubled in followers and consistently reaches hundreds of people through “likes” and “shares.” In addition, through collaboration with the Iowa Pharmacy Association, Drake University, and various other student organizations, we have increased participation at Legislative Day through organizing Legislative Day 101 meetings and introduction to policy and advocacy meetings. Having these meetings prior to Legislative Day help student pharmacists feel confident when talking with their senators and representatives.

I was able to increase attendance at MRM and APhA Annual Meeting and Exposition by forming personal relationships with my fellow chapter members. I was able to express to them the joy and empowerment I got from attending conferences. I find my strength in helping others discover their passion for outreach, advocacy, and networking. I enjoy mentoring my peers and helping them realize that while we are student pharmacists we can embrace our calling and be active members of the profession. Our profession needs us now, we can begin planting the seeds for our profession’s future- no need to wait until we graduate.

CELEBRATE THE PAST



ENVISION THE FUTURE