



## Candidate for the Office of APhA-ASP National Member-at-large

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### GOAL STATEMENT

As APhA-ASP National Member-at-large, I want to display my deep passion for APhA-ASP and our profession, in order to inspire student pharmacists to engage and thrive in Academy activity. Through my passion, it is my goal to provide the most rewarding and valuable experiences for all APhA-ASP members. I will achieve this by representing the voice of student pharmacists and implementing ideas from different chapters nationwide. I will achieve this by creating an open-door policy, where all questions, concerns, and recommendations are always welcomed and encouraged. Creating an open and personal line of communication between student pharmacists on the local, regional, and national level will create a rich, diverse, and united environment. Individual achievements at the chapter level are inspiring and impactful, and when we come together as an Academy, the sum of our actions will undoubtedly influence patients, student pharmacists, and the future of pharmacy. With the assistance of the other National Officers, I strive to lead our Academy to provide health services to reach the greatest patients to date, impact the highest number of people through social media to date, and reach our highest membership rate in history to kick off the next half-century of APhA-ASP activity.

### BACKGROUND & EXPERIENCE

I am a natural leader and have experience on the national, state, and local levels during my pharmacy career. During the pre-pharmacy portion of my 2+3 PharmD studies, I served as the Undergraduate Liaison on the Founding APhA-ASP Executive Board at Chapman University School of Pharmacy (CUSP). My function was to be a bridge of communication between the APhA-ASP Executive Board and the Pre-Pharmacy Undergraduate APhA-ASP members at Chapman University. This position developed my skills as a leader, and taught me my fundamental knowledge of APhA-ASP. I was blown away by the opportunity and ability of student pharmacists to provide care through various patient care projects. I had found an incredibly rewarding pharmacy home, and I hadn't even started pharmacy school. This experience gave me my first taste of APhA-ASP, and I haven't stopped since.

In my first semester in pharmacy school, I was elected as the APhA-ASP Region 8 Member-at-large. This life changing experience exposed me to every aspect of APhA-ASP beyond my school. I was able to strengthen my communication skills through conference calls, social media reports, and chapter outreach interactions. Conference calls with the Communications Standing Committee, Member Engagement Standing Committee, and the National and Regional Members-at-large truly enhanced my knowledge of APhA-ASP and its operational flow. I learned how to strategically utilize social media to positively affect patient care, policy, and advocacy for pharmacy through something as simple as efficient Facebook use. I also collaborated with my peers to design and create the online edition of Student Pharmacist Magazine. During these experiences, I was able to observe, learn, and work with two exceptional National Executive Committees.

Being a Regional Member-at-large allowed me to be a co-host at the 2018 Region 8 Midyear Regional Meeting, where I thrived as the sole facilitator in multiple workshops. I discovered a deep passion for facilitating the learning of student pharmacists about APhA-ASP and how they can positively affect their patients and communities.

My term as Regional Member-at-large has also given me the opportunity to intently follow all patient care events at every chapter in Region 8, along with many other chapters across the country. I was constantly fascinated and motivated by the innovation of chapters in developing exciting patient care events. Witnessing the extreme dedication by APhA-ASP members continues to inspire and motivate me every day. It was an honor to facilitate change and service at the regional level. Now that my term has passed, I find that I am left with a strong desire to serve our members, chapters, and communities across the nation as an APhA-ASP National Member-at-large.

Additionally, I am currently finishing my term as Worthy Alumni Liaison on the Phi Delta Chi Executive Board at CUSP. This position has helped me continue to enhance my ability to communicate and connect with students and pharmacists. It has also strengthened my professionalism, time management, and ability as a reliable teammate.

### PHILSOPHIES ON APhA & APhA-ASP

Diversity is one of the greatest strengths of APhA. This exceptional organization brings our entire profession together, from community pharmacists to nuclear pharmacists, and all career paths in between. APhA incorporates all pharmacists, no matter their type of practice. This is special because we have the ability to act together as one voice to advance the profession of pharmacy.

I have always been fascinated by the policy process at APhA. Unlike other pharmacy organizations, policy at APhA is created publicly by individual members, and not through councils. This allows for diverse collaboration and improving the pharmacy profession as a whole. Every type of pharmacy practice is represented in the APhA House of Delegates, as well as student pharmacists. The individual contributions of our three academies, APhA-ASP, APhA-APRS, and APhA-APPM, strengthen APhA as a whole. Furthermore, recognized organizations have seats allocated to them for representation in the APhA House. Nowhere else in our profession does an organization allow for this breath of diversity. APhA continues to invest in the profession's future by not only providing a wonderful professional home for student pharmacists, but advocating for student pharmacists as well. I am extremely proud to be a part of APhA-ASP because we make a positive impact on patient care and the future of pharmacy. The community that we have as students allows us to connect with each other and our profession. I am continuously inspired by APhA-ASP members from across the country who are engaged in patient care events and advocacy.

APhA-ASP offers several opportunities for student pharmacists. Through our six patient care projects, thousands of patients are cared for by APhA-ASP members every year. I have witnessed incredible innovation from chapters, finding new ways to provide care for patients. I am thrilled by APhA-ASP's newest patient care project, the Women's Health Campaign. This is an incredible opportunity for student pharmacists to expand their practice while helping women in need.

APhA-ASP also creates opportunities for students to grow and develop their skills. I'm thankful to have the opportunity to serve my community while using the clinical skills that I have learned in pharmacy school. I have also been able to take on leadership opportunities that have developed my confidence and ability as a leader. As the Region 8 Member-at-large, I was the leader of nineteen chapters across six different states, co-facilitated Region 8 Midyear Regional Meeting, and positively impacted patient care throughout the country. APhA-ASP has created a space for student pharmacists to develop their skills in leadership, patient care, and teamwork.

Being involved in APhA-ASP has shaped me into who I am as a person and as a professional. If elected as National Member-at-large, I promise to advance the APhA and APhA-ASP empire that has been carefully built by our predecessors.

### SPECIALIZED TALENTS & SKILLS

The skills that I have acquired make me an exceptional candidate to become an APhA-ASP National Member-at-large. I have always had an extremely high motor and drive in order to achieve my goals. In my two years of pre-pharmacy studies, I had the privilege to be involved in APhA-ASP and other leadership organizations while continuing high performance as a student. As a student pharmacist, I have been heavily involved in APhA-ASP leadership, capstone research, pharmacy internship, and pharmacy fraternity leadership while also performing at the top of my class academically. My drive, determination, and achievement define who I am. These qualities have also enhanced my time management skills. I am able to manage all of my responsibilities by having an extremely organized monthly calendar, along with a very detailed weekly schedule containing new goals that I set each week. I take pride in my organization because it allows me to perform optimally so that I can achieve my goals. This careful coordination is a vital skill to be a successful National Member-at-large.

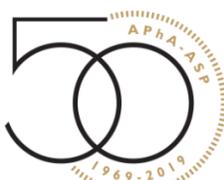
I am a natural leader, and lead by example. During my undergraduate studies and pharmacy school, I enjoyed being a part of organizations and events that enhanced my leadership skills. I have always had a passion for leadership, and I am thankful and excited for the opportunities that APhA-ASP has allowed me to pursue. I have always enjoyed serving my community in soup kitchens, fundraisers, and other service events. These rewarding experiences have taught me how to truly care for people in need. APhA-ASP has allowed me to continue my service to my community while using the skills that I have obtained as a student pharmacist. I have truly enjoyed serving the Academy at the local and regional level, and I am ecstatic for an opportunity to serve at the national level.

Responsibility is a value that I hold in high regard. I take pride in myself in being a dependable person that can meet goals in a timely manner, while maintaining quality. I am a very approachable leader and enjoy building meaningful relationships. This skill explains why I am an effective team player who can adapt to different environments. I am also a strong virtual team player, which is critical for National Officers who need to communicate virtually the majority of the time.

Learning is a passion of mine and I enjoy expanding my knowledge in all subjects. The ability to learn from others is an extremely powerful tool, and it has allowed me to develop into the person that I am. I have learned from four incredible mentors at Chapman University, including three former APhA Presidents in Dr. Nancy Alvarez, Dr. Lawrence Brown, and Dean Ron Jordan. I have also learned from a past APhA-ASP National Member-at-large, Dr. Bonnie Hui-Callahan. My invaluable mentors have taught me how to be an exceptional APhA-ASP leader.

I am an adaptable team player defined by hard work and leadership. These skills would support me to thrive as a National Member-at-large.

CELEBRATE THE PAST



ENVISION THE FUTURE